



**Canadian
Blood
Services**

BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

Your donation matters

It matters to every patient across Canada.
Because it's something we can do today to help
others wake up healthier tomorrow.

Donate blood

Marine Institute - Gym
155 Ridge Road, St. John's

Thursday, January 16, 2025
10 a.m. to 2 p.m.

Join MI's Partners for Life team!

In the Canada Blood app under partners
search **Fisheries and Marine Institute** for
your chance to win prizes!



Join Canada's lifeline
Visit blood.ca to learn more.

